

# DAY CAMP, entering grades 1-7

## Sample daily schedule

7:30-9am **Early Bird**- early arrival and/or late pick-up is offered free of charge. Morning activities are quiet activities like board games, cards, or crafts with camp staff. You must sign-up when you register in order to be able to sign in before 8:45am

8:45am **Check-In begins:** A parent or guardian must sign in the camper with the unit leader each morning. Camper should come to camp for a day in the sun, but counselors will have their groups re-apply sunscreen just in case.

9:00am **Morning Activities**, sunscreen, H<sub>2</sub>O, hats. **9-12:** Day campers rotate through activities with their group. Before the first ocean lesson: **Swim Screen**- every camper is evaluated for level of comfort and confidence in the ocean. **Waterfront Orientation**- conducted by our ocean lifeguards. Campers do a variety of beach and ocean activities in the morning. **(ie Surfing, Body boarding, sand sculptures, beach games, etc.)**

12-2pm **LUNCH**- Sandwiches, potato bar, tacos/burritos, grilled cheese, pizza, etc. and a full salad bar. Everyone is encouraged to drink up to 3 glasses of water at lunch to stay hydrated and healthy. **Camp store**- each group will visit the camp store for a snack/drink. **Free Play**- campers choose from GaGa, jailbreak, box hockey, etc.

1:45pm **Afternoon Activities**, sunscreen, H<sub>2</sub>O, hats. **2-4:30: (ie climbing tower, archery, carnival, crafts, etc.)** Afternoon activities are always on land.

4:30pm **Wrap-up time:** Lost & Found, day camp meeting, group games, devotions (quiet group activities focused on friendship, goals, and achievements), and beads

5:00pm **Checkout ends:** Approved Parents or Guardians must sign out each camper with the unit leader every day. This is a great time to talk to the counselor about the child's day and to check Lost & Found!

5-6:30pm **Night Owl**- Quiet activities and group games with staff. You must sign-up for night owl when you register to pick up your child after 5:15.

### **\*TUESDAY SLEEPOUT - entering grades 5 and above only! \*optional**

Our oldest day campers have the opportunity to camp under the stars and get a small taste of overnight camp life. They will have their own campfire and skit night then camp out in Mariner Village. Includes dinner, breakfast, and early morning activities.

### **SPECIALTY CAMP- entering grades 5 and above!**

Marine Science specialty camp focuses on ocean life, environmental stewardship and includes a snorkeling day trip!

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## Program Highlights

Day campers will **body board and surf every day** during 3 hour ocean time, and to increase independence they will have land and ocean **choice time**. Land choices: climbing tower, archery, crafts, or outdoor exploration and environmental stewardship. Ocean choices: surfing, body boarding, swimming... or all three!

And before leaving camp, **every camper will participate in a campfire**, including s'mores, skits and lots of camp songs!