

PARENT INFORMATION

Dear Parent,

YMCA Camp Surf welcomes your child to our Outdoor Education Program on the Silver Strand Beach in San Diego, California. We offer a comprehensive camping and educational program. *Please help us provide a happy and healthy experience by following these guidelines:*

Health Form/Waiver of Liability - Please read and sign the Health Form for your child. All adults in attendance will sign a separate Release Waiver. *No one can stay on site or participate in camp activities without this signed waiver.*

Medications - Do not pack medication in your child's luggage (state law). Give medication to school staff in original container with clear instructions and also write instructions on the Health Form.

Emergency Contact - In case of **EMERGENCY ONLY**, the camp cell number is 619.316.7637. For all other inquiries and messages, the camp office number is 619.423.5850. YMCA Camp Surf staff are equipped to respond to emergency first aid incidents, but medical care and dispensing medication is the responsibility of the school.

Camp Store - The camp store is open after lunch and dinner to purchase drinks, snacks, and souvenirs. Students are responsible for their own money. Items vary in price from \$35.00+ for a sweatshirt, to \$15.00+ for a t-shirt, to \$1.00+ for a snack.

What to Bring - Refer to the Equipment List. Please do not allow your child to bring cell phones, MP3 players, expensive cameras, food, or anything that could be considered a weapon. *YMCA Camp Surf is not responsible for the damage or loss of items brought to the camp. Please leave expensive belongings at home.*

Our staff is committed to providing the very best experience possible your child. If you have any questions, please don't hesitate to call or email us, or visit our website. We thank you for the privilege of helping your child grow!

Sincerely,
The YMCA Camp Surf Staff

P.S. - Put names or initials on everything!!!

YMCA Camp Surf • 560 Silver Strand Blvd. • Imperial Beach, CA 91932
P 619.423.5850 • F 619.423.4141 • www.camp.ymca.org



EQUIPMENT LIST

Campers MUST bring:

- ___ Sleeping bag and pillow
- ___ Towels (beach & shower)
- ___ Soap & shampoo
- ___ Toothbrush & toothpaste
- ___ Brush or comb
- ___ Deodorant
- ___ Hat with brim or visor
- ___ Sunscreen & lip screen
- ___ Warm jacket or coat
- ___ 2 Sweatshirts or sweaters
- ___ Warm shirts
- ___ Long pants (2-3 pair)
- ___ Pajamas/sleepwear
- ___ Short sleeve t-shirts
- ___ Shorts
- ___ Undergarments
- ___ Socks
- ___ 1 pair of sneakers
- ___ 1 pair of sandals
- ___ Rain gear (or poncho)
- ___ Swim wear (if water time)

Optional:

- ___ Inexpensive camera
- ___ Reusable water bottle
- ___ Stationary & stamps
- ___ Gloves, mittens, scarves
- ___ Waist pack or back pack
- ___ Appropriate reading material
- ___ Wetsuit
- ___ Money for camp store

