

YMCA Camp Surf Equipment List

This equipment list is planned for one week at camp. Pack additional items for two week stay.
Please mark camper's name on each item. The YMCA is not responsible for lost or damaged personal articles.

Required Items:

Sleeping bag or blankets/ sheets
Pillow
2 pair long pants
2 sweatshirts and/or jacket
5 T-shirts
5 Shorts
Pajamas/something to only sleep in
1-2 swim suits
6 pair of underwear
6 pairs of socks
Tennis shoes
Sandals or flip flops
1 hat or camp with brim
2 towels (1 beach, 1 bath)
Toiletry articles—soap, toothbrush, T
Toothpaste, shampoo, comb
Lip screen **SPF 30+**
Sunscreen (waterproof) **SPF 30+**
Water bottle
Sunglasses
***SOUL:** old clothes (service project)
Rash Guard: A rash guard is a nylon shirt that can be worn in the water. Surfers often develop a rash from rubbing against a surfboard or body board. Rash guards protect from that irritation and provide good sun protection in the water. One can be purchased at camp for \$20-\$30.

Highly Recommended: Wetsuit

A spring suit (wetsuit with short arms and legs) is fine for summer water temperatures, although some people prefer to wear a full suit. For a single trip to the beach a wetsuit is not really necessary, but our campers are in the water every day, often for multiple sessions or long periods of time while they practice new skills. A wetsuit will greatly improve water safety and comfort for most campers.

Optional Items:

Book, appropriate reading materials
Stationary, postcards, stamps
Camera (inexpensive)
Flashlight
Extra beach towel

Not Permitted

Electronic games, MP3 players, cell phones (campers cannot have these for security and privacy reasons), radios, food, candy, knives or hatchets, anything that could be considered a weapon, alcohol, drugs, tobacco or tobacco products, fireworks, aerosol sprays, cosmetics, pets, offensive magazines or clothing, skate or skim boards.

Please make sure these items are not brought to camp. Any items brought will be sent home with parents, or if turned in after parents leave, they will be held in the office and returned to parents at check-out (except for food). We cannot store food or candy, if brought to camp it will be discarded.

Suggestions for Packing

1. **Pack old stuff.** Camp is a sandy, salty environment. Sending nice new clothes/ shoes is ok, but they'll need a good washing when you get home and may never look quite the same!
2. **Write names and initials on everything.** With over 300 people on site, our Lost & Found is very busy. Talk to your child about the importance of keeping track of belongings.
3. **Have your child pack with you.** Have them look at towels, shampoo and toothpaste. Show younger children their initials so they learn to recognize what belongs to them!
4. **Check Lost & Found** at the end of the week!

Surf /Body Board Rule:

Due to safety concerns and the general skill level of the majority of our campers, we only permit fiberglass/ hard surfboards under special circumstances. Our long and short foam boards provide for a safe and effective skill building environment, and are always available. Advanced surfers that can consistently ride "green" waves, go "out back", can navigate a rip current on their own, can duck dive effectively, and do not "bail" off their board during set waves may contact the Summer Coordinator for special permission to bring their own equipment (Nat Corrall: 619-423-5850 x-106 or ncorrall@ymca.org). Skim boards are never permitted.

Lost & Found

We have Lost & Found next to the Dining Deck for items left in bathrooms, on the beach, or in general camp areas. Items found in the cabin areas are kept in a village lost & found throughout the session. In all cases we try to help the campers claim their belongings. At the end of each week all remaining items are taken to the main area. Please be sure to check your child's belongings and Lost & Found before you leave camp for the best odds of finding missing items. All lost items are held at camp for 2 weeks and then donated.

Once again, we look forward to seeing you and your family this summer!

Sincerely,
The YMCA
Camp Surf Staff

