



Julian Day Camp 2007



For Boys & Girls Ages 7 - 12

Welcome to Camp Marston!

We're thrilled to offer, for the 15th summer, our popular Day Camp for Julian area children.

Marston is great fun ! With a climbing tower, archery, air-riflery, crafts, hiking, swimming (we still have a diving board), sports and nature - there's lots to do. But beyond all the great activities - and the real core of YMCA camping - are the relationships, socialization and character development that happen here.

We are continually focused on why we're here. We build character. We reinforce the lessons and values that you, as parents, teach at home each day. Our carefully selected staff teach and lead by example. We consistently hear from the campers how much they enjoyed the friendship and guidance of their camp counselor. Operated Monday through Friday, the camp operates from 8:45 a.m. to 5:00 p.m. daily. A hot lunch is included (no need to pack a lunch), and a special overnight sleep-out is the highlight of each week.

Julian Day Camp is open to children residing in our immediate area, and to those children on extended visits to our town. Day Camp is open to boys and girls ages 7 - 12, or entering the second through sixth grades.



Dates

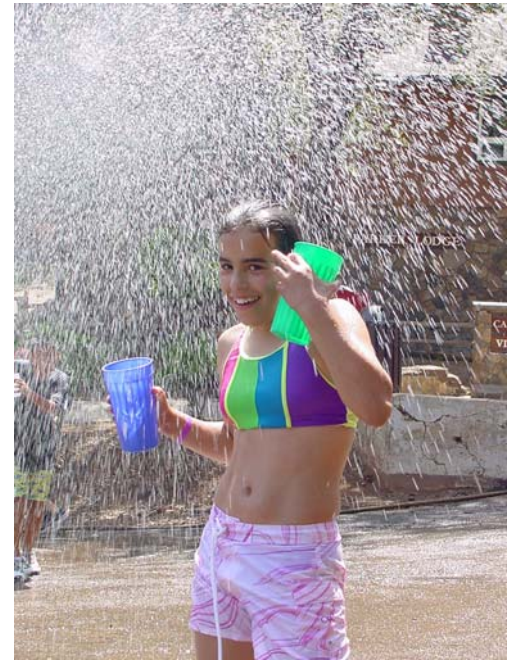
The 2007 Julian Day Camp schedule is as follows:

- Session 3:** July 2 - July 6
- Session 4:** July 9 - July 13
- Session 5:** July 16 - July 20
- Session 6:** July 23 - July 27
- Session 7:** July 30 - Aug 3

Cost: \$125 per week

YMCA Mission Statement

The YMCA of San Diego County is dedicated to improving the quality of human life and to helping all people realize their fullest potential as children of God through the development of spirit, mind and body.



The Camp Day

Daily schedules vary by age group. For 7-10 year olds, our emphasis is exposing campers to a wide variety of activities. For 11-12 year olds, campers choose from a series of teaching clinics (progressive teaching programs in the camp activities). These clinics are attended each morning of camp. Choices include archery, crafts, air riflery, canoeing, nature, soccer, international sports, outdoor cooking and swimming. Choices may vary by week.

After a hot lunch in the camp dining hall, day campers enjoy special crafts or perhaps take a hike out to Camp Marston's Inspiration Point. Each day ends with free swim at the pool. The days are full of activity and offer our campers a chance to meet kids from all over San Diego County.

The highlight of the week is the overnight sleep-out. Instead of the usual 5:00 p.m. pick up on Thursday, campers stay and enjoy a camp dinner. A hearty breakfast is served the next morning in the camp dining hall, leading to another fun camp day.

Arrival & Departure

Check-in time is 8:45 a.m. each morning. After driving in the camp entrance, proceed to "Guest House A", then make your first left to the Day Camp drop-off area on the lawn next to the house.

Pick up time is at 5:00 p.m. each evening, with the exception of Thursday night when we hold our overnight sleep-out. Please be prompt for pick up.

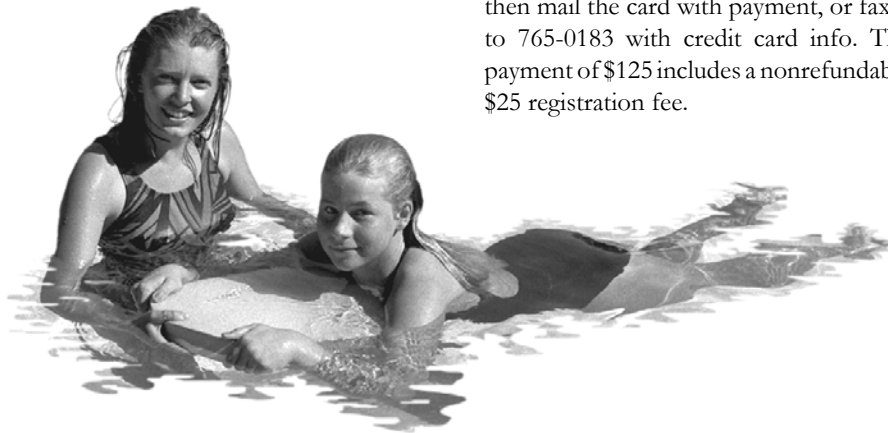
On each Monday morning, please plan on arriving at 8:30 a.m. This earlier arrival time allows us to handle registration and initial sign-in.

The Camp Store

Camp Marston operates a small store where campers can purchase souvenirs and a limited amount of candy or soda. Instead of carrying cash, we ask that you place a small amount of money in an envelope with your camper's name and "Day Camp" printed on it. We'll then hold the funds and campers can come to the store and "charge" against their account. Unused money will be refunded at the end of the week. Anywhere from \$5 to \$15 is recommended (camp T-shirt costs \$10--\$15). Unclaimed refunds will be donated to our YMCA Camp Scholarship fund for needy children.

Registration

Day Camp usually fills quickly. To sign up, complete the Card (back page) . You can then mail the card with payment, or fax it to 765-0183 with credit card info. The payment of \$125 includes a nonrefundable \$25 registration fee.



Health Examination Form

All campers must have a Health History and Parent's Authorization/Liability Waiver Form completed in order to participate. We cannot accept your camper without these documents.

Please give complete emergency contact information - phone numbers where you can be reached not only during the day, but evening for the Wednesday overnight camp-out. In the event that you cannot be reached, we will use the authorization you have given on the form if medical care is needed.

Medications

Please do not pack any medications with your child's belongings (including over-the-counter medications). All medications must be submitted to YMCA Camp Staff. Prescription drugs must be in the original container with a licensed physician's instructions. Please place your packaged medications in a clearly labeled sack (zip lock bags work well, with masking tape for a label). Include camper's name, dosage and directions for administering. All medications are administered by the camp staff under doctor's or parent's written orders.

Health Care

Camp Marston has a well equipped Health Center with resident Health Care Staff trained in emergency First Aid and Cardiopulmonary Resuscitation techniques.

Please, if your child becomes ill, don't send them to camp. Delay it by a day, or reschedule the week. We'll be happy to work with you in case of illness.

Equipment List

Be sure to label all articles with camper's name.

- Sneakers
- Canteen or water bottle
- Hat
- Sunglasses
- Sunscreen
- Swim suit, towel
- Day Pack

For the Thursday overnight, bring:

- Sleeping Bag
- Sleepers/Pajamas
- Change of clothes
- Toiletries & Towel
- Flashlight
- (along with the usual day pack and gear)

Is there anything we need to know to help your child have a happy time at camp? Please enclose a written note with your registration.

Other Camp Programs offered by the YMCA of San Diego County:

The YMCA is proud to offer overnight camps for children ages 7 - 16. Special teen programs are also available, designed to provide challenge and adventure. Resident camp is a wonderful "next-step" experience for children.



Camp Marston

The Mountain Adventure Camp

Camp Surf

On the beach in Coronado

Raintree Ranch

The Western Horseback Camp



YMCA Camping Branch, P.O. Box 2440, Julian, CA 92036

Phone: (760) 765-0642

FAX: (760) 765-0183

email - camp@ymca.org

website - <http://www.camp.ymca.org>

Day Camp Sign Up Form

Mail to: YMCA Day Camp, P.O. Box 2440, Julian, CA 92036 or FAX to 765-0183

Mail with \$120/week full payment. If faxing, please include credit card information.

Camper's Name: _____ Date of Birth: _____

School Grade Next Fall: _____ Boy _____ Girl _____ Home Phone: _____

Session (circle one or more): 3-July 2-July6 4-July 9-13 5-July 16-20 6-July 23-27 7-July 30-Aug 3

Address: _____ City: _____ Zip: _____

Parent 1: _____ Parent 2: _____

Phone #'s during camp hours: _____

Phone #'s for Wednesday overnight: _____

Any additional phone #'s (work, pager, etc.): _____

In case of emergency, can also notify: _____

Who has permission to pick your child up at camp?: _____

\$125 payment should accompany application.

Make checks payable to "YMCA Camps"

Waiver of Liability & Parent's Authorization

I, the undersigned parent/person having legal custody/guardianship of the above said minor, give permission for the minor to participate in the YMCA program described above. The minor is physically able and mentally prepared to participate in all activities as described in the announcement for the program. In consideration of said minor being permitted to enter any branch of YMCA of San Diego County ("YMCA") for observation, use of facilities and/or equipment, or participation of the above or any program, I, on behalf of myself (as parent, guardian, coach, aide, spectator or participant) hereby:

1. Acknowledge the (i) I have read this document, (ii) I have inspected the YMCA facilities and equipment, (iii) I accept them as being safe and reasonable suited for the purposes intended and (iv) I voluntarily sign this document.
2. Release YMCA, its directors, officers, employees and volunteers (collectively "Releasees") from all liability to me for any loss or damage to property or injury or death to person, whether caused by Releasees or otherwise and while such minor is in or near any YMCA branch.
3. I agree not to sue Releasees for any loss, damage, injury or death described above and I will indemnify and hold harmless Releasees and each of them from any loss, liability, damage or cost they may incur due to said minor's presence in, upon or near the YMCA branch; whether caused by the negligence of Releasees.
4. I assume full responsibility for, and risk of, bodily injury, death or property damage due to the negligence of Releasees or otherwise.
5. I do hereby authorize the YMCA as agent for the undersigned, to consent with respect to said minor, to any x-ray examination, anesthetic, medical, dental, or surgical diagnosis or treatment, and hospital care which is deemed advisable by, and is to be rendered under general or special supervision of, any physician and surgeon licensed under the provisions of the California Medical Practice Act on the medical staff of any hospital, whether such diagnosis or treatment is rendered at the office of the physician or at the hospital. I understand that the YMCA is not responsible for costs incurred for medical care.

I intend this document to be as broad and inclusive as is permitted by the laws of the State of California; if any portion hereof is held invalid, I agree the balance shall continue in full force and effect.

Important: Parent/Guardian's Signature Required: _____

Signature

Date

Payment Information:

Check enclosed, Amt:\$ _____ Card # _____

Please charge Credit Card

my: Debit Card

Visa Master Discover

Exp. Date: _____

For: \$ _____ (Amount) Cardholder: _____